

Support

The Bounce Back Team and Australian Landcare International

In the Massive Murray Paddle (Nov 19 – Nov 23)

The Bounce Back Team



Mick Seigel is a 71 year old Australian Catholic priest and academic focussing on environment and social issues. He hails from Barooga NSW (the first township the Paddle passes after it leaves Yarrowonga). He has worked in Japan since 1973. He went in the Red Cross Murray River Canoe Marathon in 1972. In 2016, Mick was diagnosed with oesophageal cancer and had his oesophagus removed in May 2016. There was no spread of the cancer.



Elena Tokimoto Ricciuli is the 25 year old daughter of long term friends of Mick. She has just completed medical school and is now a doctor. A little over a year ago, she came down with Guillain Barre Syndrome, an autoimmune illness that attacks the nerves and results in paralysis and muscle weakness. She is now recovered and working on rebuilding her own strength.

In August, 2016, Elena came from Belgium to Japan and visited Mick. She told him that much of the weight he had lost since the operation would be from the loss of muscle and encouraged him to exercise. She had been kayaking the day before, and the conversation turned to that. Mick told Elena about the Red Cross Murray River Canoe Marathon (now the Massive Murray Paddle), and mentioned that he had always hoped to go in it again. They agreed that setting the target of participating again would be a good goal to motivate Mick to exercise and build up his strength. Mick considers this conversation the turning point in his recovery. Now, with Elena having gone through a muscle debilitating illness herself, participation in the Massive Murray Paddle has become doubly important. They will go in a kayak.

For more information about the Massive Murray Paddle, see <https://www.massivemurraypaddle.org.au/>

Australian Landcare International

Mick and Elena are raising funds for Australian Landcare International (ALI), with which Mick has had a long association.

Landcare aims at environmental and community well-being through local autonomous groups caring for their own local environment (farmland, forests, rivers, coastlines, etc.) and networks and partnerships that support and empower these groups. ALI seeks to encourage and support the spread of Landcare principles and practices internationally. For details see reverse side. ALI will contribute half the money raised to help initiate Landcare in Japan.

Pledge of Support

For every kilometre completed by the Bounce Back Team in the Massive Murray Paddle, I agree to provide to Australian Landcare International:

\$0.10 (\$40.40 if the course is completed)

\$1.00 (\$404.00 if the course is completed)

Other amount \$ _____ (_____ $\times 404$ if the course is completed)

Name:

Address:

tick

Please send pledges of support with the information indicated by email to Rob Youl (robmyoul@gmail.com) or Mick Seigel (mseigel47@gmail.com) or submit a written pledge of support to the person who distributed this flier.

Australian Landcare International (ALI) is a non-profit organisation that aims to facilitate and support overseas communities to adopt a Landcare approach to manage and sustain their land, water and biodiversity.

It began in 2008 and many of its members have been involved in Landcare in Australia at policy, program and operational levels for more than 20 years. Some have international experience in agricultural, forestry and environmental management.

Our goal is to use our collective Landcare experience to help people in other countries manage their land and water resources more sustainably by:

- Promoting Landcare to national and international organisations as a sustainable way to manage natural resources for food production and resource conservation.
- Supporting a Landcare approach within local communities in various countries.
- Training overseas participants in Landcare within Australia and in home countries
- Making connections between people and projects in Australia and overseas.

Australian Landcare International can draw upon a wide range of expertise through its specific database of members and its wider network. It has good relationships with various organisations, both corporate and government.

ALI is continually seeking funding from various sources in both the corporate and government sectors to develop new projects.

Examples of the kinds of Projects ALI has supported:

Country/ region	Group supported	Activity
Bhutan	Sakteng wildlife sanctuary	Sustainable rangeland management and red panda conservation
Fiji	Tutu Rural Training Centre	Nursery development for food crops
Tanzania	Women agriculture, development and Environmental Conservation(WADEC)	Maize/legume crop program
Philippines	Upper Lirop Farmers Association	Nursery development
Nigeria	Landcare Nigeria	Conservation of community mangroves
Timor Leste	Institutu Matadalan Integradu (IMI)	Chickens and Aquaculture

In addition, ALI has operated multiple master classes, Landcare workshops and training programmes in numerous countries.

ALI Bank details:

Bendigo Bank - indicate Bounce Back

633 000 / 133 103 598

For details regarding tax deductibility contact Rob Youl (robmyoul@gmail.com)